

# Shruti Shukla

[in](#) Shrskla | [✉ shruti.shukla@tum.de](mailto:shruti.shukla@tum.de), [shrutiss91@gamil.com](mailto:shrutiss91@gamil.com) | [☎ +4915129024710](tel:+4915129024710)

## EDUCATION

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- 07/2022 - Present PhD Global Health at **Technical University of Munich, Germany**  
*Impact of Gender Transformative Interventions on Adolescent Maternal and Child Health in Low and Middle Income Countries*
- 09/2018 - 08/2019 MSc Global Health at **Maastricht University, The Netherlands**
- 07/2015 - 06/2016 PG Diploma Liberal Arts at **Ashoka University, India**
- 07/2010 - 05/2015 MSc Biotechnology at **Savitribai Phule Pune University, India**

## WORK EXPERIENCE

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- Research Associate, Ludwig Maximilians Universität München** 12/2022 – Present  
– Project: Investigating the predictors and consequences of intimate partner violence in Tanzania
- Research Associate, TUM School of Social Sciences and Technology** 09/2021 – 11/2022  
– Project: Impact of the COVID-19 Pandemic on Child Marriage, Sexual and Reproductive Health, and Domestic Violence in India and Zambia (COV-CSR)
- Research Associate, TUM Department of Sport and Health Sciences** 08/2020 – 03/2022  
– Lecturer for master and bachelor courses in Global Health  
– Coordinated a research internship based in Malindi, Kenya
- Project Coordinator, MAHAN Trust and DHAN Foundation, India** 10/2016 – 05/2018  
– Implemented and Monitored an RSV pneumonia research project in 100 tribal villages in Melghat, Maharashtra, India  
– Monitored a community healthcare project on anaemia among adolescent girls in six tribal locations in Tamil Nadu and Odisha, India

## FIELD WORK AND DATA COLLECTION

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- ECOVI** 11/2024 – Present  
– Role: Senior Researcher and Project Manager, Disentangling and Preventing Economic Violence against Women in India (ECOVI)  
– Stakeholder Workshop: 30 participants
- COV-CSR** 09/2021 – 10/2022  
– Role: Project Manager, Impact of COVID-19 on gender inequities among adolescent girls in India and Zambia  
– Data collection: India 3049 participants, Zambia 1600 participants
- Breastfeeding Policies in Nepal** 04/2019 – 06/2019  
– Role: Qualitative researcher, Breastfeeding policies and practices in Nepal  
– Data collection: 15 key informant interviews with stakeholders at government, national and international organizations

## PUBLICATIONS

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**Shruti Shukla**, Shukla, Shruti, Neema R. Mosha, Sarah R. Meyer, Sheila Harvey, Shelley Lees, Gerry Mshana, and Heidi Stöckl. "Women's Informal Group Participation and Intimate Partner Violence in Mwanza, Tanzania: A Longitudinal Study." *Social Science and Medicine* (2024): 117513.

Steinert, Janina Isabel, **Shukla, Shruti**, Rucha Vasumati Satish. "Navigating Distress: Exploring Factors Affecting Adolescent Girls' Wellbeing during and after a Violence-Focused Survey in Maharashtra, India". *Child Abuse and Neglect* 152 (2024): 106779.

**Shukla, Shruti**, Ibukun-Oluwa Omolade Abejirinde, Meyer, Sarah R., Shenderovich, Yulia, Steinert, Janina Isabel. "Mechanisms behind gender transformative approaches targeting adolescent pregnancy in low and middle income countries: a realist synthesis protocol." *Systematic Reviews* 13, no. 1 (2024): 1-11

**Shukla, Shruti**, Andrés F. Castro Torres, Rucha Vasumati Satish, Yulia Shenderovich, Ibukun-Oluwa Omolade Abejirinde, and Janina Isabel Steinert. "Factors associated with adolescent pregnancy in Maharashtra, India: a mixed-methods study." *Sexual and Reproductive Health Matters* 31, no. 1 (2023): 2249284.

**Shukla, Shruti**, Jessy Amarachi Ezebuihe, and Janina Isabel Steinert. "Association between public health emergencies and sexual and reproductive health, gender-based violence, and early marriage among adolescent girls: a rapid review." *BMC Public Health* 23, no. 1 (2023): 1-14.

Steinert, Janina Isabel, Hannah Prince, Jessy Ezebuihe, and **Shruti Shukla**. "Violence against adolescent girls during the COVID-19 pandemic: quantitative evidence from rural and urban communities in Maharashtra, India." *Journal of Adolescent Health* (2023).

Meyer, Sarah R., Selina Hardt, Rebecca Brambilla, **Shruti Shukla**, and Heidi Stöckl. "Sociological theories to explain intimate partner violence: a systematic review and narrative synthesis." *Trauma, Violence, and Abuse* (2023): 15248380231210939.

## WORK IN PROGRESS

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**Shukla, Shruti**, Kharade, Aishwarya, Böhret, Ines, Jumaniyazova, Manzura, Ibukun-Oluwa Omolade Abejirinde, Meyer, Sarah R., Shenderovich, Yulia, Steinert, Janina Isabel. "How do gender transformative interventions reduce adolescent pregnancy in low and middle-income countries? A realist synthesis." [currently under Review at *Journal of Global Health*]

Mounchid, Pascal, **Shukla, Shruti**, Steinert, Janina Isabel. "The Interplay of Economic Shocks and Cultural Practices on Child Marriage: Comparative Evidence from India and Zambia during COVID-19 Pandemic." [currently under Review at *World Development*].

Selina Hardt, Meyer, Sarah R., Rebecca Brambilla, **Shruti Shukla**, and Heidi Stöckl. "A systematic review and narrative synthesis of psychological theories on the causes of intimate partner violence". [currently under Review at *Trauma, Violence, and Abuse*]

Miruna, Bivol, Rocío Herrero Romero, **Shruti Shukla**, Laura Granizo González, Yulia Shenderovich. Mechanisms behind school-based interventions to improve migrant adolescents and youth's well-being through a whole-school approach: A Realist Review [Manuscript currently under preparation]

**Shukla, Shruti**, Choolwe Jacobs, Yulia Shenderovich, and Janina I. Steinert. 2024. "Pedalling Progress: Assessing the Long-term Impact of a Bicycle Intervention on Adolescent Maternal and Child Health in Zambia." OSF. September 20. doi:10.17605/OSF.IO/DV3CT. [Manuscript currently under preparation]

## GRANTS AND SCHOLARSHIP

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| Elitenetzwerk Bayern                | Travel grant valued at 2600 EUR to attend the SVRI conference in Cape Town, South Africa, October 2024 |
| Marianne Plehn Program              | Part-time position at LMU (25%) funded by the Elitenetzwerk Bayern for Feb 2023 – Jun 2025             |
| SurveyCTO                           | Data collection grant valued at 2,376 USD for Jan 2022 – Dec 2022                                      |
| Studenstiftung des Deutschen Volkes | Doctoral scholarship valued at 65,400 EUR for Jul 2022 – Dec 2025                                      |
| Mother Teresa Fellowship            | Scholarship for development leaders in India valued at 270,000 INR for Aug 2016 – Feb 2018             |
| Ashoka University                   | Merit scholarship for PG Diploma studies valued at 200,000 INR for Jul 2015 – Jun 2016                 |
| Indian Academy of Sciences          | Junior research scholarship valued at 7000 INR for May - Jul 2012                                      |

## CONFERENCES

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- 2024 European Association of Development Research and Training Institutes, PhD Workshop Online; SVRI Forum, Cape Town, South Africa; Nursing Network on Violence Against Women International Conference, Phuket, Thailand
- 2023 17th World Congress of Public Health, Rome, Italy; Global Forum for Adolescents, PMNCH, World Health Organization (WHO), Online; What Works South Asia Conference, New Delhi, India

## RESEARCH VISITS

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- June-July 2024 PhD Research Exchange. **Cardiff University, Wales, UK**
- May 2024 Research visit to develop a new initiative on population health. **New York University, Abu Dhabi, UAE**

## CONSULTING AND ADVISORY BOARD

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- 2024 - 2027 Expert Advisor, Global Action for Measurement of Adolescent Health (GAMA), WHO, Switzerland
- Sep - Nov 2024 Research Consultant, Center for Global Development, United States (CGDEV)
- Apr - Jul 2020 Research Consultant, CoronaNet Research Project hosted by TUM, Germany
- Jan - Mar 2020 Research Consultant, Center for Evaluation and Development (C4ED), Germany

## TEACHING

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- 2019-2020 Health Systems and Technology Transfer, Ludwig Maximilian University of Munich (Guest Lecture)
- 2020-2021 Health and Society, Technical University of Munich (MSc)
- 2021-2023 Global and local perspective on Maternal and Child Health, TUM School of Governance (Guest Lecture)
- 2021 Health, (Dis)ability and Participation in a Global Perspective (MSc), International strategies in health promotion and inclusive development (MSc), Healthcare in a global perspective (BSc), Community-based prevention and rehabilitation (BSc), Internationale präventive, rehabilitative und sozialpolitische Entwicklung (BSc), TUM Department of Sport and Health Sciences

## REFEREEING ACTIVITY

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2023 BMJ Open, BMJ Public Health, BMC Public Health, PLOS Global Public Health, Cogent Social Sciences

## SKILLS

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Software MaxQDA, Atlas.ti, NVivo, GitHub, SurveyCTO, STATA, R, MS Office, LATEX

Languages Hindi (native), English (C2), German (B1)