

Ines A. Böhret, M.Sc., M.A.

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I am a Global Health researcher focusing on violence against women, maternal health, and the gendered impact of public health emergencies. In addition, I have over nine years of experience in non-profit organisations and have led and supported teams in their work at the intersections of health, education, and women's rights.

EDUCATION

PhD Candidate in Global Health, Technical University of Munich, TUM School of Governance, ongoing

M.A. Caritas Science and Values-based Management, 2021, University of Passau

M.Sc. Global Health, 2020, University of Manchester

B.A. International Emergency and Disaster Relief, 2017, Akkon University of Human Sciences, Berlin

EXPERIENCE

Researcher, *Technical University of Munich*, Munich **Jan. 2024 - present**

- Drafted and analysed baseline surveys on financial literacy, domestic violence, and health empowerment, including implicit association tests and discrete choice experiments for 2.250 couples.
- Developed a curriculum on financial empowerment and gender transformation, including participatory approaches for 1.125 couples in three states of India.

Researcher, *Heidelberg Institute of Global Health*, Heidelberg **Aug. 2022 – Jun. 2024**

- Planned and coordinated an implementation evaluation of 12 pilot projects on maternal health care, funded by the Ministry of Social Affairs.
- Conducted and analyzed more than 40 qualitative interviews with policymakers, grant holders, users and practitioners and wrote the evaluation report.

Researcher, *Technical University of Munich*, Munich **Feb. 2022 -Jan. 2023**

- Conducted a systematic review of interventions addressing economic violence against women.
- Developed 3 interview guides for focus group discussions on the topic of economic violence in collaboration with partners from India.

E-health Coordinator, *German Institute for Medical Mission, Difäm*, Tübingen **Apr. 2021 - Jun. 2022**

- Coordinated a 320.000€ e-health project in collaboration with the Guinean partner organization, the German Corporation for International Cooperation (GIZ), the GIZ Guinea, and 7 Guinean hospitals.
- Developed a blended-learning online course with 5 Modules and 15 sessions based on the Guinean curriculum on quality assurance and enhanced monitoring in Guinean health services, using Moodle.

Research Intern, *Alanda Health*, remote **Apr. – Jun. 2021**

- Prepared desk reviews and wrote scoping studies on Impact-based Forecasting in Guyana and Mental Health and Psychosocial Support in South Sudan.
- Developed scientific social media posts on vaccination, neglected tropical diseases, and women's health.

Senior Research Assistant Manager, *CoronaNet Research Group*, remote **Apr. 2020 - Oct. 2021**

- Researched, collected, coded, and validated data of more than 250 national and subnational government policies made in response to COVID-19 in Germany and Kiribati, using Qualtrics.
- Brought more than 150 Research Assistants (RA) on board, developed, and implemented 2 strategies to support RA well-being and professional development.

Chairwoman, Treasurer, and Project Manager, *Go Ahead! e.V.*, remote Dec. 2015 – May 2024

- Managed a remote team of more than 40 volunteers and the financial affairs of the organisation.
- Planned, organised, and evaluated 3 construction projects and 1 study trip in Sub-Saharan Africa, including coordination with local partners and obtained a 15 500€ grant for a project in Uganda.

Project Co-Ordinator, *IPPNW*, Berlin/ remote Oct. 2018 - Jul. 2020

- Analysed current topics on the nexus of Health and Security and prepared a programme for the Global Health Summer School, bringing together more than 50 international students and young professionals.
- Planned and implemented 2 workshops, including designing and co-hosting workshop.

PR Intern, *Ministry for Economic Cooperation and Development*, Berlin Nov. 2015 - Jan. 2016

- Prepared presentations and speaker's notes for the parliamentary undersecretary and head of department for 5 public events on sustainability standards within the textile industry.
- Developed 3 fact sheets on sustainability standards and initiated replies to citizens' requests.

Project-Management Intern, *humedica International*, Kaufbeuren May - Jul. 2015

- Coordinated the reconstruction of over 70 buildings and the distribution of 1600 shelter-repair kits in the Philippines, including communication with ex-pats and local partners.
- Developed evaluation indicators for 2 humanitarian projects, prepared budgets, logical frameworks, project proposals, and documentation for funding agencies.

Administration Assistant, *Akkon University of Human Sciences*, Berlin Jan. 2014 - Mar. 2015

- Developed and implemented a coding system for the inventory of the new university library, managed the check-out counter, and provided phone service.
- Processed proposals for the examination commission, prepared draft solutions and notices, and managed the archive of the examination office.

SELECTED PUBLICATIONS

Böhret, IA, Subramonia Pillai, V, & Steinert, JI (2025). What Works in Reducing Economic Violence

Against Women: Global Evidence From a Systematic Review and Meta-Analysis. *Trauma, Violence, & Abuse*, 0(0). <https://doi.org/10.1177/15248380251383915>

Little M, Butchart A, Massetti GM, Hermosilla, S, Wittesaele C, Pearson I, Jochim J, Swingler S, Schupp C, **Böhret IA**, Neelakantan L, Backhaus S, Martin M, Mase M, Page S, Janowski R, Blackwell A, Bernstein K, Rakotomolala S, Cluver L. 2025. Interventions to prevent, reduce, and respond to violence against children and adolescents: a systematic review of systematic reviews to update the INSPIRE Framework, *The Lancet Child & Adolescent Health*, Volume 10, Issue 1, 49 – 61 [https://doi.org/10.1016/S2352-4642\(25\)00214-7](https://doi.org/10.1016/S2352-4642(25)00214-7)

Shukla S, Kharade A, **Boehret I**, et al. 2025. How do gender transformative interventions reduce adolescent pregnancy in low and middle-income countries? A realist synthesis. *Journal of Global Health*. Vol 15, <https://doi.org/10.7189/jogh.15.04102>

Steinert JI, **Boehret I**, Vasumati Satish R, et al. 2023. 'We don't get money in our own hands': evidence from focus group discussions on economic abuse against women in two states of India. *BMJ Global Health*. Vol. 8 <https://doi.org/10.1136/bmjgh-2023-012576>

Klatt, N and **Boehret, I** 2021. Women's Rights in Childbirth during the COVID-19 Pandemic A Comparison of WHO Guidelines to Policies, Recommendations, and Practices in the US and Germany. *Cross-Cultural Human Rights Review*. Vol 3, 1. <https://doi.org/10.52854/cchrr.51>

Boehret, I 2020. Why Responses to Public Health Emergencies Need to Incorporate a Broader Understanding of Culture. *Cross-Cultural Human Rights Review*. Vol. 2, 2-3. <https://doi.org/10.52854/cchrr.44>

CONFERENCE PRESENTATIONS

- European Conference on Domestic Violence, Barcelona, 2025
- SVRI Forum, Cape Town, 2024
- ISRA World Meeting, Munich, 2024
- European Conference on Gender and Politics, Ghent, 2024
- European Conference on Domestic Violence, Reykjavik, 2023
- European Conference on Gender and Politics, Ljubljana, 2022
- 3rd International Workshops on Public Policy, Budapest 2022
- COVID-19 PHSMs Research Outcome Conference, online 2021

SELECTED ADDITIONAL QUALIFICATIONS

Crisis Response and Global Health:

- Deployment training as coordinator and media coordinator, *humedica e.V.*
- Summer Academy "Crisis Management / Disaster Response", *BBK, Ahrweiler*
- Global Health Summer "Health between Ethics and Economisation", *IPPNW and Charité, Berlin*
- Safety and Security in the Field, Sphere Handbook, Building a Better Response, *online courses*

Project Management and Facilitation:

- Participatory Action Research, *Economic and Social Research Council, NCRM*
- Art of Hosting Training, *Evangelical Academy Bad Boll, Leadership Academy BW, Ministry BW*
- Team Management, Project Management, Authentic Leadership, Leading Virtual Teams, Facilitation of Discussions, *University of Passau*

SCHOLARSHIPS and AWARDS

- **Survey CTO Primary Data Collection Research Grant**, valued at 5.800 USD.
- **Bursary for PG Diploma** studies for the highest achieving student, valued at 1.050 GBP.
- **Deutschlandstipendium Scholarship** for students with excellent educational performance and strong social commitment, valued at 7.200 EUR.
- **Oskar-Karl-Forster Scholarship** for talented students to pay for books, valued at 500 EUR.
- **Outstanding Achievement Award** for receiving the highest overall mark in MSc.
- **Studying as a Parent Award** for the best graduate with a child in MA.
- **Outstanding Achievement Award** for receiving the highest overall mark in BA.

LANGUAGE and IT-SKILLS

German: Native Speaker

English: C2

Spanish: B1

French: A2

Russian: A2

Hindi: A1

MS-Office: Advanced

Citavi: Advanced

Nvivo: Advanced

Survey CTO: Advanced

R Studio: Intermediate

STATA: Intermediate

REFERENCES

Prof. Janina Steinert

Technical University of Munich

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Ute Papkalla

German Institute for Medical Mission

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